

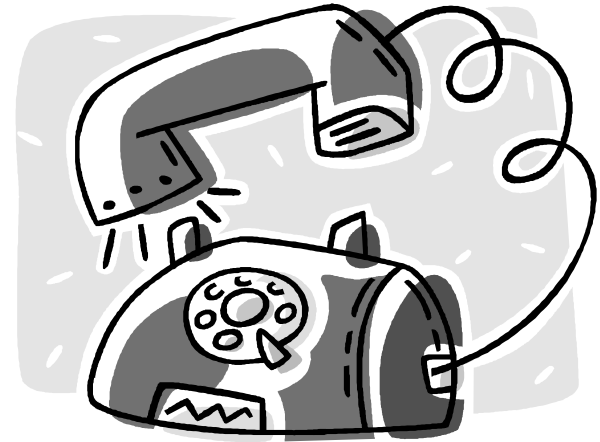
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Committed to reducing and preventing homelessness  
in the five northern counties of Idaho.



# RESOURCE DIRECTORY



**KOOTENAI  
COUNTY  
IDAHO**

**Revised 01/2011**

## **24 Hour Crisis Numbers**

### **Emergency, Fire, and Police**

911

### **Idaho Poison Center**

800-222-1222

### **Rape Crisis Line**

208-661-2522

### **Domestic Violence Hotline**

208-664-9303

### **Kootenai County Crisis Hotline**

208-664-1443

### **Project Safe Place**

For Youth

208-676-0772

### **Post Falls Police O.A.S.I.S.**

Domestic Violence,  
Sexual Assault, Child Abuse  
(208) 773-1080

### **Children's Village**

Crisis Nursery and Group Home

24 Hour Hotline and Shelter

208-667-1189

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## **General Assistance**

### **211 Care Line**

Connect to any Idaho Resource  
2-1-1 or 800-926-2588

### **Health & Welfare**

Food Stamps /Financial Assistance..... 877-456-1233  
Childcare (ICCP) ..... 866-343-2027  
Medical ..... 866-326-2485  
Automated Local Line..... 208-769-1456

### **Community Action Partnership Kootenai County**

Utilities & Food Assistance;  
Limited Fuel; Housing Counseling;  
ITSAP (Idaho Telephone Service Assistance Program);  
“Circles” (support for families leaving poverty);  
Energy Conservation info & Weatherization program  
208-664-8757

### **St. Vincent de Paul**

#### **H.E.L.P. Center**

Mon-Fri 8:00 AM-5:00 PM  
Emergency Assistance and Shelter  
Various Agency Outreach Satellites  
208-664-3095

### **St. George Catholic Church**

208-773-4715

### **St. Pius**

Emergency Assistance and Shelter  
208-765-5108

## **General Assistance**

**Area Agency on Aging of North Idaho**  
Information for Seniors and Caregivers  
208-667-3179

**Disability Action Center Northwest**  
**Independent Living**  
208-664-9896

**The Salvation Army KROC Center**  
1765 W. Golf Course Rd., CDA ID 83815  
208-676-0600

**Prairie Avenue Christian Center**  
Food and Miscellaneous Assistance  
208-772-7541

**Real Life Ministries**  
Food and Clothing Assistance,  
Financial Planning Workshops  
208-446-2420

**Fresh Start**  
Homeless Drop-In Center with Showers,  
Laundry, Clothing, and Food.  
1524 E. Sherman Ave  
208-667-9798

**Kootenai County Assistance**  
208-446-1880

**Social Security**  
800-772-1213

## **Food Banks**

### **Community Action Partnership (Kootenai Co)**

4144 W. Industrial Loop  
Coeur d'Alene, ID  
208-664-8757

### **ABC Food Bank**

30355 3rd St.  
Athol, ID  
208-683-3244

### **Rathdrum Food Bank**

8027 W. Main St.  
Rathdrum, ID.  
208-687-3696

### **Post Falls Food Bank**

415 E. 3rd Ave.  
Post Falls, ID.  
208-773-0139

### **Lake City Community Church**

#### **Food Bank**

1701 N. 4th St.  
Coeur d'Alene, ID  
208-676-0632

## **Youth & Parents**

### **Project Safe Place**

208-676-0772

### **The Salvation Army KROC Center**

After School Program  
208-676-0600

### **Children's Village**

Crisis Nursery and Group Home  
24 Hour Hotline and Shelter  
208-667-1189

### **ICARE Program of St. Vincent de Paul**

208-676-1515

### **Parent Project**

208-446-1970

### **Mountain States Early Head Start**

208-765-6955

### **NIC Head Start Central Office**

208-666-6755

### **Kootenai Alliance for Children and Families**

208-676-8293

## **Transportation**

**City Link Bus**  
877-941-7433

**Lake City Transportation**  
208-660-3317

**White Tail Transportation**  
208-263-1018

**Greyhound Bus**  
208-664-3343

## **Food Banks**

**Real Life Ministries**  
1866 N. Cecil Rd.  
Post Falls, ID  
208-4462420

**Christ the King Lutheran**  
1700 Pennsylvania Ave.  
Coeur d'Alene, ID  
208-664-9231

**7th Day Adventist Church**  
111 Locust Ave.  
Coeur d'Alene  
208-664-5473

**Spirit Lake Food Bank**  
32154 N. 4th Ave.  
Spirit Lake, ID  
208-623-3107

**The Altar**  
901 E. Best Ave.  
Coeur d'Alene, ID  
208-664-1453

## **Meal Sites**

**St. Vincent de Paul**  
1317 N 1st St., Coeur d’Alene, ID  
Monday-Friday 4:00-5:30 p.m.

**Lifeway Community Dinner**  
510 W. 15th, Post Falls, ID  
208-773-8556  
Mondays 4:30-6:00 p.m.

**The Altar**  
901 E. Best Ave., Coeur d’Alene, ID  
Mondays 5-6 p.m.

**St. Thomas Catholic Church**  
406 N. 10th St., Coeur d’Alene, ID  
Tuesdays 4:30-5:30 p.m.

**Hayden Senior Center**  
9428 N. Government Way, Hayden, ID 83835  
208-762-7052  
Tuesdays and Thursdays 12-1 p.m.

**CDA Adventist Church**  
111 Locust Ave., Coeur d’Alene, ID  
Wednesdays 5-6 p.m.

**1st Presbyterian Church**  
521 Lakeside Ave., Coeur d’Alene, ID  
Thursdays 11:30 a.m.-12:30 p.m.

## **Suicide**

### **Warning Signs of Suicide Include**

- Previous suicide attempts or gestures.
- Talking or writing about the desire to end one’s life.
- A recent loss of a loved one, particularly someone in the family.
- Giving away personal possessions.
- Abrupt (and subtle) changes in behavior, such as cutting off friendships.
- Change in eating and sleeping patterns.
- Declining school performance, coupled with expressions of helplessness and apathy.
- Family disruptions, such as divorce, or other changes within the home.
- A sudden lifting of sadness, depression, or withdrawal, which may indicate that the decision to commit suicide has been made.

If you know someone who is talking about suicide, care enough to get help.

**Suicide Hotline**  
1-800-SUICIDE

**Region 1 Mental Health Crisis Line**  
208-769-1406

**Kootenai County Crisis Hotline**  
208-664-1443

**Suicide Prevention Lifeline**  
1-800-273-TALK



## Suicide

Many people go through life hiding their problems and feelings from the world, their families, and friends. Occasionally, these feelings can lead to serious depression and even thoughts of suicide if you feel seriously depressed or suicidal, please reach out for help. Talk to a friend, parent, teacher, counselor or religious leader. Or call a suicide prevention hotline.

If someone talks to you about suicide, take it seriously. A friend may tell you about suicidal feelings and ask you to keep it a secret. Being a good friend means that you will not keep this secret. You must tell someone you trust. Also, encourage the person talking about suicide to talk to an adult he or she trusts. Suicide threats are cries for help from people who don't realize that they have other choices.

If you think someone may be suicidal, don't be afraid to ask. Mentioning suicide will not give the person the idea or push them over the edge. Talking about it can prevent it from happening. The period of crisis usually lasts a short time. With help, a person can start to work through the feelings and problems that led to this place.

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## Suicide Survivor Support and Advocacy

For individuals who have lost a loved one to suicide  
ADVOCACY for suicide education in our community

**Suicide Prevention Action Network (SPAN) North**  
2366 Hickey Road, Sandpoint, ID 83864  
208-290-6161

## Meal Sites

**St. George's Catholic Church**  
2010 N. Lucas St., Post Falls, ID  
Thursdays 4-5:30 p.m.

**St. Pius Catholic Church**  
625 E. Haycraft Ave., Coeur d'Alene, ID  
Fridays 4:30-5:30 p.m.

**Cherished Ones Ministries Inc.**  
401 N. 2nd St., Coeur d'Alene, ID  
208-704-0908  
Saturdays 5-6 p.m.  
(Soup available at 3:00 p.m.)

**One Ministries**  
Sherman and 14th, Coeur d'Alene, ID  
Sunday 9-10 a.m.

**King's Table Soup Kitchen**  
Gates of Praise Assembly  
3rd and Bennett, Athol, ID  
Sundays 1-3 p.m.

**Lutheran Church of the Master**  
4800 N. Ramsey Road  
Coeur d'Alene, ID 83815  
Sundays 1:30-2:30 p.m.

## **Shelters**

**St. Vincent de Paul Men's & Women's Shelters**  
208-664-3095

**North Idaho Violence Prevention Center**  
Domestic Violence Shelter  
208-664-9303

**St. Pius Catholic Church**  
208-765-5108

**Project Safe Place**  
Teen Shelter  
208-676-0772

**Family Promise of North Idaho**  
208-777-4190

**Post Falls Police O.A.S.I.S.**  
Domestic Violence Shelter  
(208) 773-1080

**Fresh Start Emergency Warming Shelter**  
208-667-9798

**PRM - Advocates for Women**  
**Ruth's House (Priest River)**  
208-448-2800  
Crisis Line: 208-290-6529

## **Weight Issues & Eating Disorders**

**Overeaters Anonymous**  
635-5165

**Eating Disorder Hotline**  
1-800-248-3285

**Kootenai Behavioral Health**  
208-765-4800

## **Substance Abuse**

**Kootenai Behavioral Health**  
208-765-4800

**Substance Abuse Hotline**  
1-800-662-4357

**Alcoholics Anonymous**  
208-667-4633

**Narcotics Anonymous**  
208-699-2175

**Al-Anon**  
208-676-0549  
877-625-2666

**ACES Community Services**  
208-292-2188

**Port of Hope**  
208-664-3300

**Celebrate Recovery**  
**(Lake City Community Church)**  
208-676-0632

**Genesis Change Groups**  
208-773-4947

## **Housing**

**Harmony House**  
208-762-9856

**Freedom House - Safe and Sober**  
208-704-1110

**St. Vincent de Paul  
Transitional Housing**  
208-676-8619

**St. Vincent de Paul Housing**  
208-457-8380

**Idaho Housing & Finance Association**  
Section 8 Housing Choice Voucher Assist Program  
Housing Counseling  
208-667-3380  
866-621-2994

**[www.housingidaho.com](http://www.housingidaho.com)**  
Free Rental Information Service

**Habitat for Humanity**  
208-762-4663  
Email: [info@northidahohabitat.org](mailto:info@northidahohabitat.org)  
[www.northidahohabitat.org](http://www.northidahohabitat.org)

## **Veterans Assistance**

**Health Care for Homeless Vets**  
509-462-2500

**Spokane VA Medical Center**  
800-325-7940

**Kootenai County Veteran's Services**  
208-769-7518

**Coeur d'Alene CBOC**  
(VA Community Based Ot Clinic)  
2177 Ironwood Center  
208-665-1700

**VA Benefits**  
800-827-1000

**Department of Labor Veteran Assistance**  
600 N. Thornton St., Post Falls, ID 83854  
208-457-8789

**Joint Military Family Assistance Center**  
**Post Falls National Guard Armory**  
5453 E Seltice Way, Post Falls, ID 83854  
888-344-1198

## **Legal Assistance**

**Court Assistance Office for Kootenai County**  
208-446-1186

**Legal Aid**  
208-667-9559

**Legal Link**  
208-664-3095

**Volunteer Lawyers**  
800-221-3295

## **Mental Health**

### **Kootenai Behavioral Health**

2003 Lincoln Way, Coeur d'Alene, ID  
208-666-2000

### **Children's Mental Health**

208-769-1515 or After Hours 1-866-769-1543

### **Adult Mental Health & 24-hour Crisis Line**

2195 Ironwood Dr., Coeur d'Alene, ID  
208-769-1406  
After Hours 1-888-769-1405

### **Dirne Behavioral & Mental Health Center**

1800 Lincoln Way, Coeur d'Alene, ID 83814  
208-292-0303

### **Catholic Charities of Idaho**

406. 10th St., Coeur d'Alene, ID  
208-676-1974

### **National Alliance for the Mentally Ill (NAMI)**

208-765-0460 or 208-772-9650  
or 208-664-3095 ext 322

### **ACES Community Services**

208-292-2188

### **Trinity Group Homes, Inc.**

208-667-9607

## **Education**

### **Coeur d'Alene School District #271**

311 N. 10th Street, Coeur d'Alene, ID  
208-664-8241

### **Adult Basic Education Center**

GED and Basic Skills  
208-676-8005

### **North Idaho College**

1000 W. Garden Ave., Coeur d'Alene, ID  
208-769-3300

### **North Idaho College -**

**Workforce Training Center**

525 W. Clearwater Loop, Post Falls, ID  
208-769-3333

### **WIA Program**

208-666-8012

### **Money Management International**

(Formerly Consumer Credit Counseling Services)

2005 Ironwood Pkwy Suite 16

Coeur d'Alene, ID

800-308-2227 ext 5732

### **The Salvation Army KROC Center**

Family and Community Education Classes

208-676-0600

## **Employment**

### **Vocational Rehabilitation**

2025 Park Place Suite 101  
Coeur d'Alene, ID  
208-769-1441

### **Vocational Rehabilitation**

**School Work Counselor**  
3803 Industrial Ave.  
Coeur d'Alene, ID  
208-769-1555

### **Department of Labor**

600 N. Thornton Street  
Post Falls, ID  
208-457-8789

### **NIC Workforce Training Center**

525 W. Clearwater Loop  
Post Falls, ID  
208-769-3444

### **LDS Employment Resource Services**

2801 N. 4th Street  
Coeur d'Alene, ID  
Ph. 208-676-1763; FAX 208-665-1449  
Email: cdaemploylds@hotmail.com  
www.ldsjobs.org

## **Pregnancy**

### **Birthright of Coeur d'Alene**

208-664-1390

### **Idaho's Voice for Life Issues (Right to Life of Coeur d'Alene)**

(208) 664-4919

### **IYR Adoption and Foster Care**

208-667-1898

### **Open Arms Pregnancy Care Center**

208-667-5433

### **Panhandle Health**

208-415-5100

### **CASI Foundation for Children**

Adoptions 800-376-0558  
Birth Moms 208-891-0965

## **Health Care**

**Kootenai Medical Center**  
208-666-2000

**Dirne Health Center (1106 Ironwood)**  
Family Practice  
208-292-0292

(Satellite Hours at H.E.L.P. Center 208-664-3095)

**Dirne Dental (1800 Lincoln Way)**  
208-292-0697

**Panhandle Health Care**  
208-415-5100

**Kootenai Urgent Care**  
208-667-9110 Coeur d'Alene  
208-777-9110 Post Falls  
208-772-9110 Hayden

**North Idaho Aids Coalition (NIAC)**  
208-665-1448

**Fresh Start Free Medical Clinic**  
(First Saturday Only)  
208-704-0908

**Epilepsy Foundation of Idaho**  
P O Box 771, Athol, ID 83801  
208-765-9443  
cda@epilepsyidaho.org  
www.epilepsyidaho.org

## **Temporary Hiring Agencies**

**A.E.S.**  
601 E. Seltice Way Ste. 103  
(Post Falls)  
208-777-9045

**American Labor Force**  
1003 Best Ave.  
208-667-5499

**Command Center**  
1506 Northwest Blvd.  
208-667-9590

**Express Employment Professionals**  
201 E 4th Ave, Post Falls, ID 83854  
Ph: 208-777-4554 Fax: 208-777-4558  
www.expresspros.com

**Humanix**  
1625 N. 4th St., Ste 102B  
Coeur d'Alene, ID  
208-664-8958

*Continued Next Page...*

## **Temporary Hiring Agencies**

### **Integrated Personnel**

1119 Ironwood Parkway Ste. 201  
Coeur d'Alene, ID  
208-765-2000

### **Kelly Services**

315 W. Dalton Ave.  
Coeur d'Alene, ID  
208-667-5318

### **Labor Ready**

1916 Sherman Ave.  
Coeur d'Alene, ID  
208-765-7778

### **Provisional Staffing Services**

208-664-7931  
509-323-2898 Fax

## **Domestic Violence, Abuse Assault, or Rape**

**Kootenai County Sheriff**  
911 or 208-446-1300

**Post Falls Police O.A.S.I.S.**  
(208) 773-1080  
(208) 773-3517

**North Idaho Violence Prevention Center**  
208-664-9303

**Child Protective Services**  
866-769-1543

**O.A.S.I.S of Post Falls**  
208-773-1080  
208-773-3517

**Rape Crisis Line**  
208-661-2522

**Advocates for Women**  
208-448-2800  
24/7 Help Line 208-290-6529

**ARMS (Abuse Recovery Ministries)**  
866-292-9284

**Adult Protection Services**  
208-667-3179